

Patient Information – Single Semen Examination

Welcome to **Mottagning ANOVA** at Norra Stationsgatan 69, 4tr, in Stockholm (se map next page – **NOT** at the Karolinska University Hospital area in Solna or Huddinge). You have been referred to a single semen examination. **You must make your own appointment** in either of two ways:

- Follow instructions in the application (“app”) **Alltid Öppet** (in Swedish) and chose an appointment that suits you.
- You can also call our answering machine ☎ **08-1237 3200** and chose alternative 3 and we will call back as soon as possible.

Fee: 250 kr (from 2024 275 kr). *Högbkostnadsskydd* is valid. Bring **your ID**, and **the referral from your doctor** if you have it.

If you fail to appear at an appointment or cancel less than 24 hours in advance the fee is 400 kr according to present patient fees by Region Stockholm. *Högbkostnadsskydd* is not applicable for failure to appear or late cancelling.

Before your visit: For an adequate assessment of the semen sample, you should abstain from ejaculation for 2–4 days (at least 2 days and at most 4 days of abstinence). Best results are obtained if the sample (ejaculate) is collected by masturbation in a room at the laboratory. Any use of lubricants should be avoided since that could give erroneous results.

Please, read the questions below. We need this information for best interpretation of results

Normally parts of the ejaculate are saved with information of patient care data, for you care, laboratory method development, training of staff, and quality, development and research purposes. No part of the sample will be used for infertility treatment of other couples. *According to the Swedish Law on Biobanks we ask you to certify that you have been given this information:*

I have been informed that parts of the sample can be saved: (signature)

Information about sample collection:

Personal ID number

First name Last name

Date for most recent ejaculation before today 202 - -

Today's sample collected at :

Collection by: Masturbation ☐ Other:

Complete collection? Yes ☐ No: missed in beginning ☐
 missed in middle ☐
 missed at the end ☐

Infections, dental problems, high fever, vaccinations, surgery, pharmaceutical or naturopathic preparations the last 6 months.

ID checked: (Signed by laboratory staff member)

Utskriven kopia gäller endast efter verifiering mot databasen

Dok nr-utgåva:	AC-31484-7	Utfärdad av:	Lars Björndahl	Sida	1 av 2
Gäller från:	2023-10-18	Godkänd av:	Lars Björndahl		

Andrological Investigation

The purpose is to identify men with semen abnormalities and offer a full andrological investigation. For men with acceptable results continued attempts for spontaneous pregnancy or by Assisted Reproductive Technologies (IVF) is recommended.

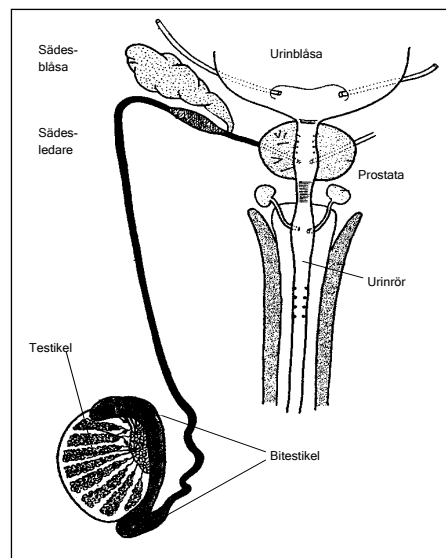
Results from semen examination provides information about sperm production in the testicles and the transport to the urethra. The investigation also tells about sperm ability to move. In an ejaculate, spermatozoa constitute less than one percent of the total ejaculate volume. The main part of the ejaculate mainly origin from the seminal vesicles (2/3) and the prostate (1/3). Analysis of the seminal fluid gives information about the functional capacity of the prostate and the seminal vesicle. Spermatozoa found in an ejaculate started to form almost 3 months before and have for some days been stored in the epididymides. Infections with sever inflammatory reaction (e.g. influenza and dental infections) the last 3-6 months can influence the spermatozoa examined.

Miss at collection of specimen

It is essential that the whole ejaculate is collected. If any part of the ejaculate is not collected you must tell that when the specimen is delivered to the laboratory. The last droplets often remain at the opening of the urethra and this not necessary to report.

RESULTS

Results of the semen examination will be sent to you doctor.



ANOVA at Norra Stationsgatan 69

You will reach us by:

Pendeltåg

- Station *Stockholm Odenplan* – exit Vanadisvägen / Dalagatan

Bus 3, 6, 77, 507

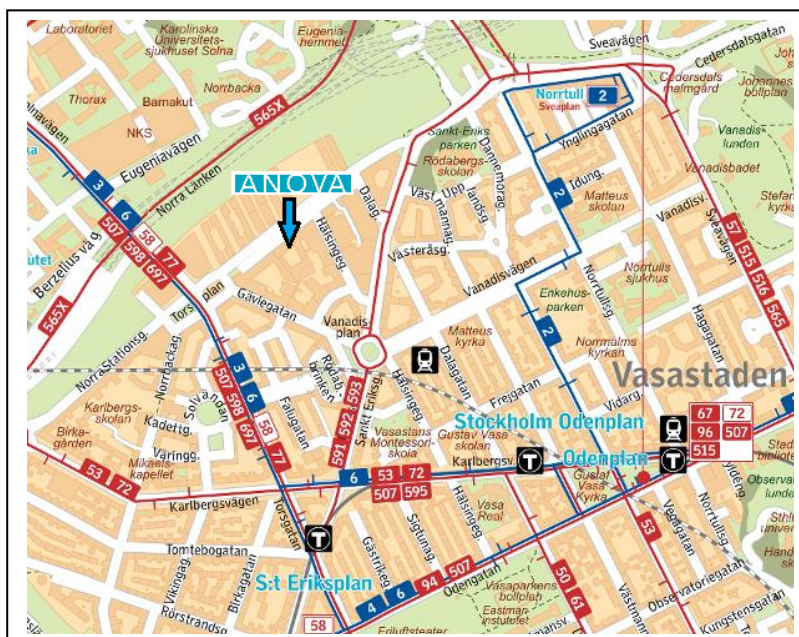
- Stop *Torsplan*

Tunnelbana

- *St:Eriksplan* or *Odenplan*

Parking

- Karolinska University Hospital in Solna (fee) – ca 15 minutes walk from ANOVA
- General, subject to fee, parking garage under Torsplan, entrance from Norra Stationsgatan



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